



## **Program Synopsis**

### **INDEPENDENT LIVING OPTIONS**

#### **Program Overview**

Independent Living Options serves approximately 120 individuals in many different program areas, residential, day, & Supported Independent Living.

It takes a large team to support ILO, with many different skill sets. We currently have a program coordinator, 8 Team leaders, 10 CDP'S, and many CDW'S.

#### **ILO key staffing requirements should include but are not limited to:**

A staff within ILO would ideally have a back ground in social work. He/She would be confident, have experience working with individuals who experience challenging and/or aggressive behaviors, be flexible with change, demonstrate independent problem solving, and enjoy working with a large team, encourage independence and understand boundaries. Staff must be willing to use their skill sets to deescalate situations before they escalate by utilizing proactive strategies. In order to be successful with this, staff require a strong ability to communicate.

#### **Individuals supported within the ILO program have a wide range of disabilities which include but are not limited to:**

Many individuals have the ability both emotionally and physically to be left in the community and/or home independently. Addictions, mental health, and challenging behaviors, however create an increased risk to their individual safety.