



Program Synopsis

Life Skills Options (LSO)

Program Overview

Life Skills Options serves approximately 120 individuals in many different program areas:

- 8 residential homes
- Day supports primarily based out of the Learning Center
- Opportunities for educational, fitness and recreational activities in the community during the day, evening and weekends

It requires a large staff team to support LSO, 1 Program Coordinator, 6 Team Leaders, 12 CDP'S, and many CDW'S. The staff have a variety of experience and background both in training, education and life experience. They all have a passion and willingness to engage the individuals in activities that are meaningful for them.

The supports provided by the staff in this department is multi-facetted. We support individuals that have Complex needs that can be dynamic and energetic. This program needs staff members who relish the day to day excitement and challenges that come their way, look for opportunities to be creative to engage the individuals in their everyday routines at home, work and play. Being able to communicate clearly and understand verbal and nonverbal communication is critical to the success of supporting the individuals to having a great day.